

Class	Drugs to avoid	Alternatives and notes
Vertigo	<p>Antihistamines Dimenhydrinate (<i>Dramamine</i>) Diphenhydramine (<i>Benadryl</i>) Meclizine (<i>Antivert</i>)</p> <p>Benzodiazepines Alprazolam (<i>Xanax</i>) Clonazepam Diazepam (<i>Valium</i>) Lorazepam (<i>Ativan</i>)</p> <p>Antiemetics Metoclopramide (<i>Reglan</i>) Prochlorperazine (<i>Compazine</i>) Promethazine (<i>Phenergan</i>)</p> <p>Antispasmodics Scopolamine</p>	<p>Favor physical therapy and vestibular therapy over medications for vertigo symptoms.</p> <p>Antiemetics Domperidone (<i>Motilium</i>) Ondansetron (<i>Zofran</i>)</p> <p>BPPV –canalith repositioning or liberatory maneuvers. Méni`er`s- low-salt diet, diuretics</p>